

Our Promise to You

01. A Warm Welcome

Whether in person or online, you'll be met with kindness and care.

02. Flexible Payments

Affordable private pay membership concierge and HSA/FSA cards.

03. Authenticity

Honest, compassionate support in every interaction.



CONTACT

Authentic Perspectives

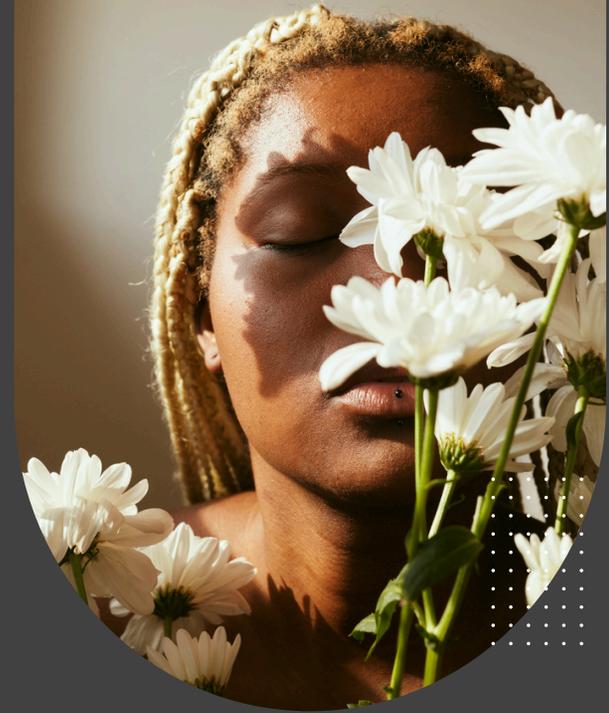


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Authentic Perspectives

COUNSELING, LLC

Central Florida's Leading Agency for Christian
Counseling, Mental Health, and Leadership,
Dedicated to Women Who Lead



LIVE AUTHENTIC! YOU!

“

Healing isn't a destination, it's a journey we walk with you.

La Tanya D. Walker

Who We Serve

✓ High-Performing Women
Women in Ministry

✓ Women in Professional
Leadership Roles

✓ Women Business Owners &
Entrepreneurs, Aspiring
Women Business Owners,
Corporations, Churches &
Ministries

About Authentic Perspectives

Founded by La Tanya D. Walker, M.Ed., Authentic Perspectives Counseling offers holistic care for mental, emotional, spiritual, and relational well-being. Our services include Christian counseling, wellness coaching, trauma recovery, emotional intelligence training, corporate wellness, and community groups. We equip you with practical tools for lasting transformation and a more fulfilled life.

OUR Services

- Traditional Therapy
- Christian Counseling
- Corporate Wellness
- Psychoeducation & Community Groups
- Integrative Wellness for Whole Health
- Wellness Retreats



La Tanya D. WALKER

La Tanya D. Walker, M.Ed., is passionate about helping women heal, grow, and lead with confidence. She blends clinical expertise with compassionate care to guide lasting transformation.